THREE LONG TERM GOALS

|  |
| --- |
| 1. CLINCIAL GOAL |
| 2. OTHER PROFESSSIONAL GOAL |
| 3. PERSONAL GOAL |

DEVELOPING YOUR WEEKLY/DAILY GOALS

|  |
| --- |
| Long-range goal:  |
| Medium range goals: 4 steps in reaching this are:1.2.3.4. |
| Weekly goals: Pick one medium range and think of three things you could achieve in a week each1.2.3. |
| Daily goals: Pick one weekly goal and split it up over 4 days:1.2.3.4. |