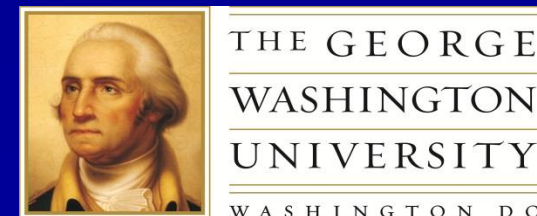


# Transcranial Doppler (TCD) in the Critically Ill Child

**Dorothy Bulas M.D.**

**Raymond Sze, MD**

**Children's National Health System  
Washington D.C.**



# Outline of Talk

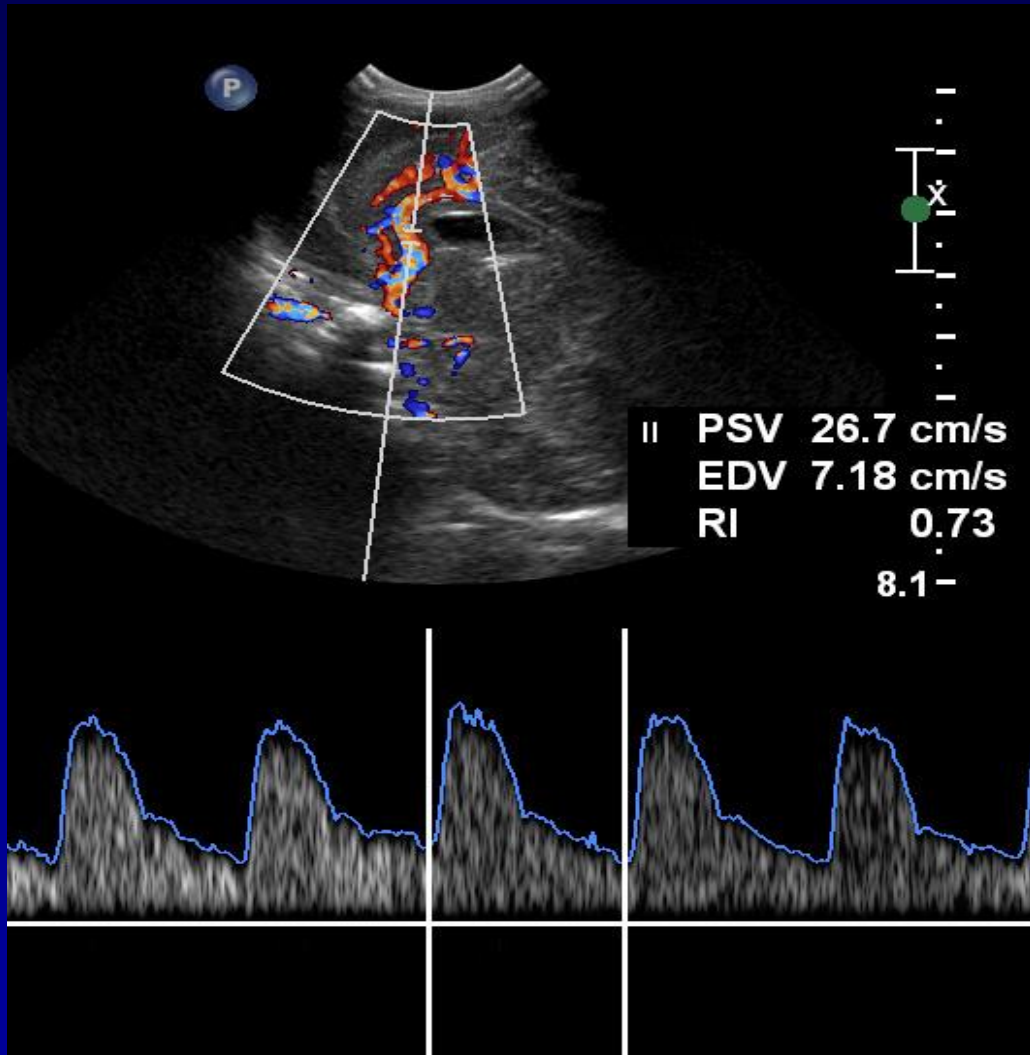
## Technique

- **Neonate**
- **Child**
- **Doppler Measurements**

## Indications

- Subarachnoid vs Subdural Collections
- Venous Thrombosis
- Vascular Malformations
- Hydrocephalus
- Asphyxia
- Brain death
- Vasospasm

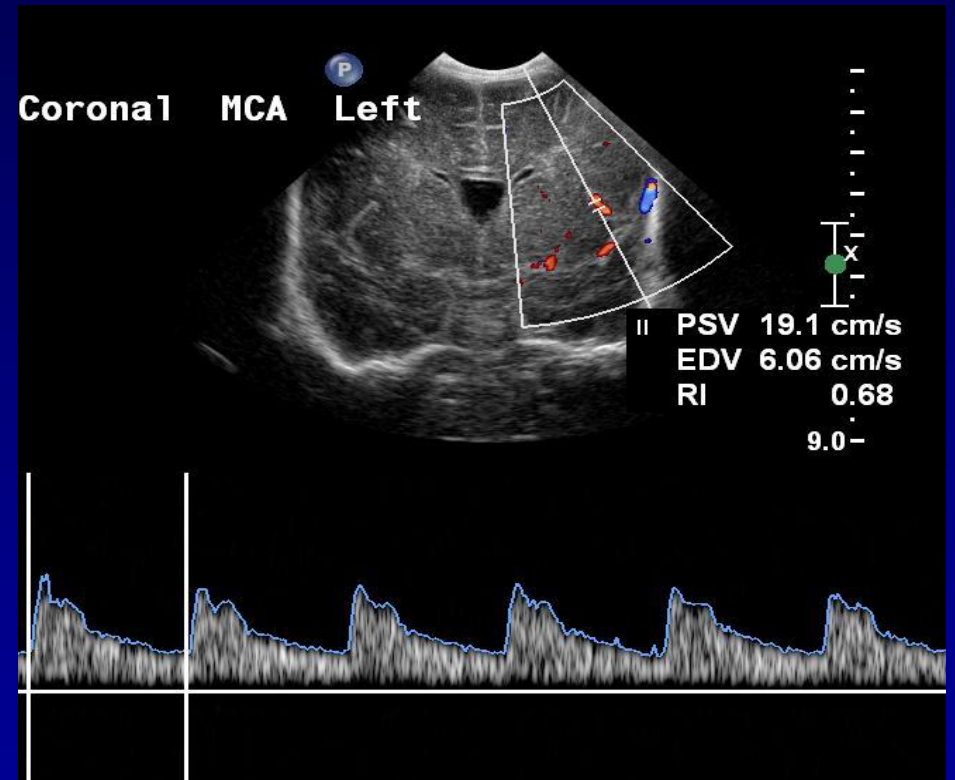
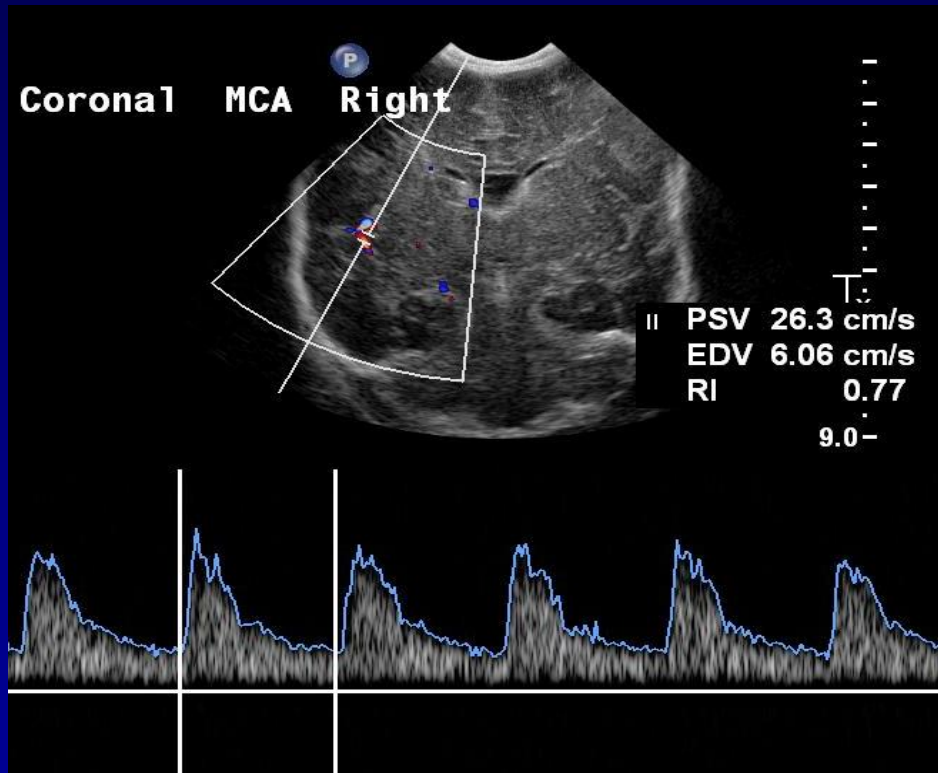
# Neonate - Anterior Fontanelle Sagittal



## Ant Cerebral Artery

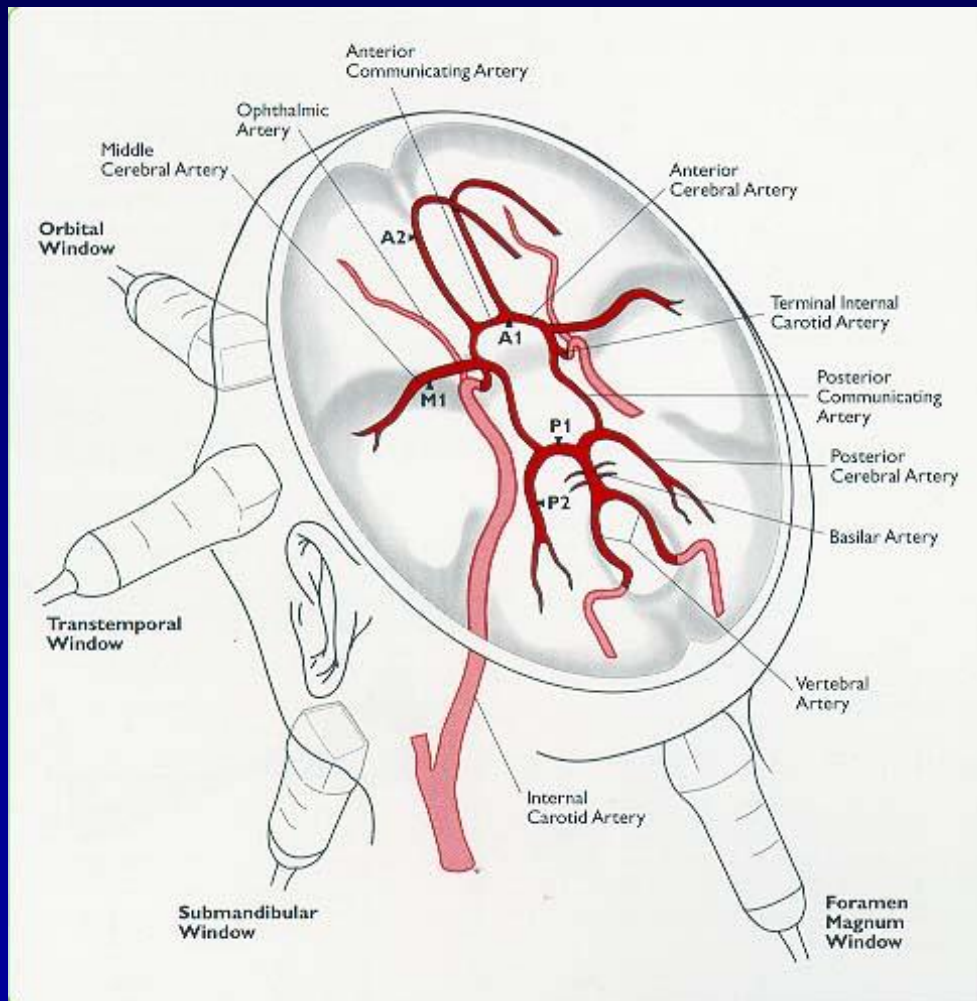


# Neonate - Anterior Fontanelle Coronal



Middle Cerebral Artery  
Right and Left via coronal plane

# Child (closed anterior fontanelle)

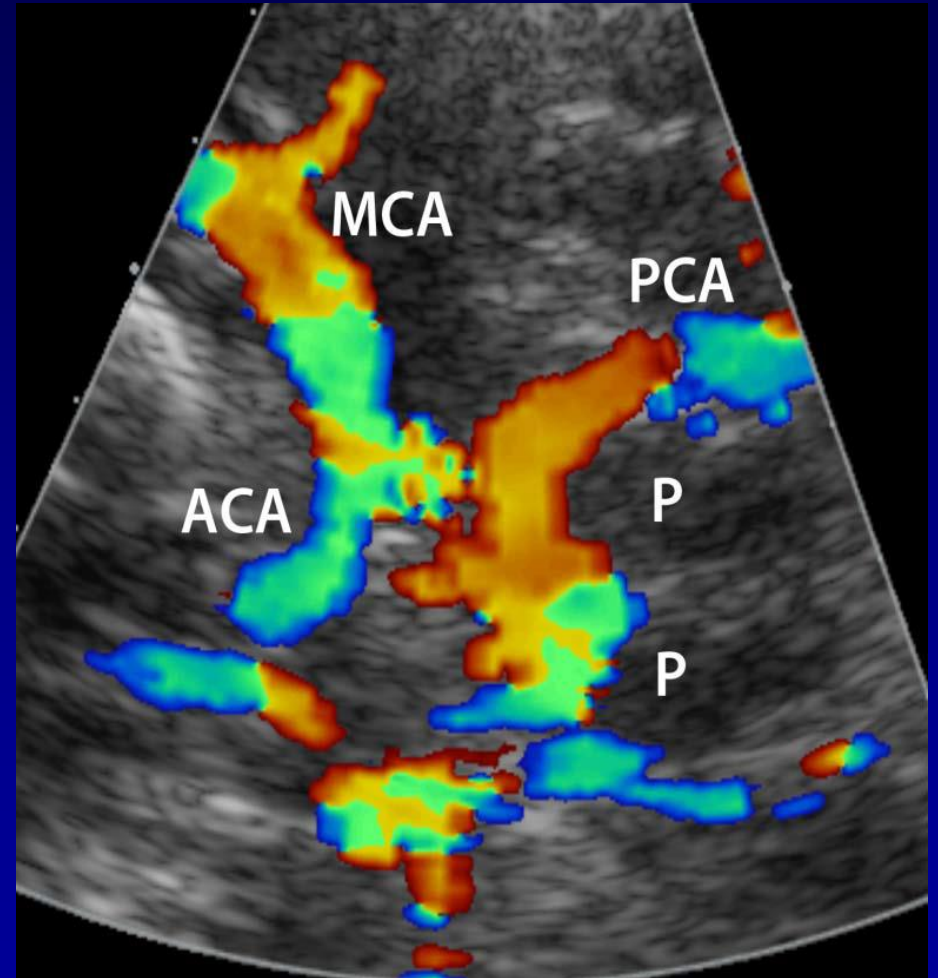
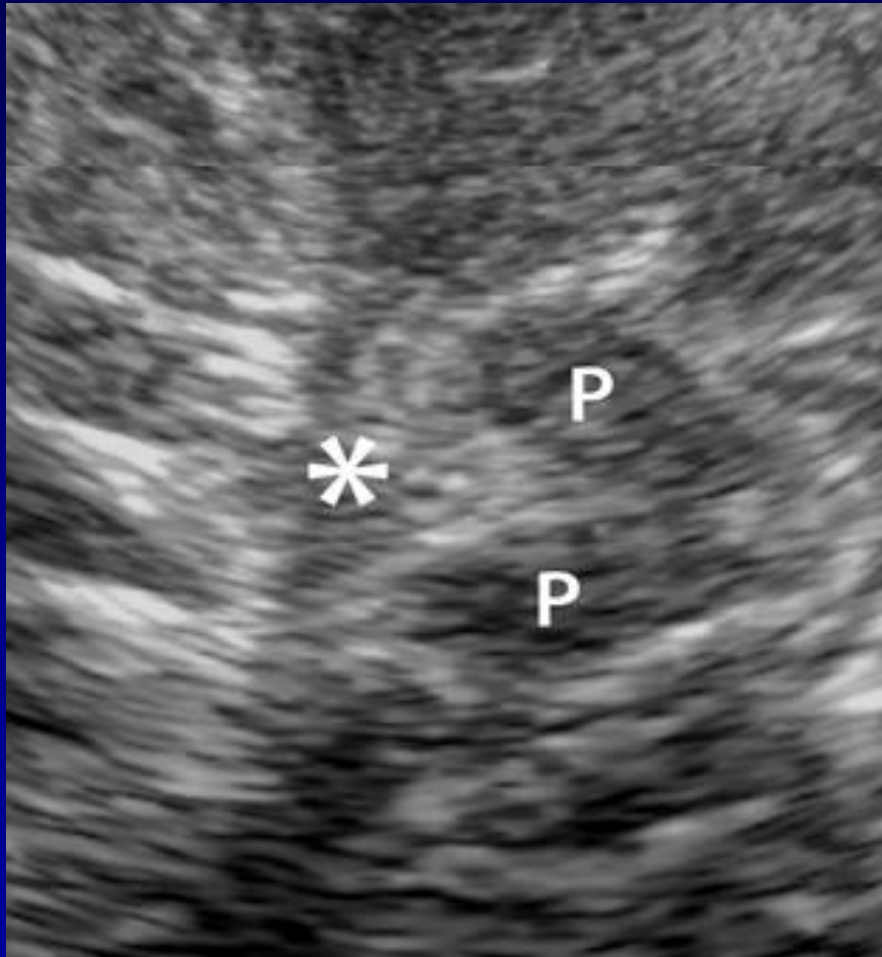


## 3 Cranial Windows

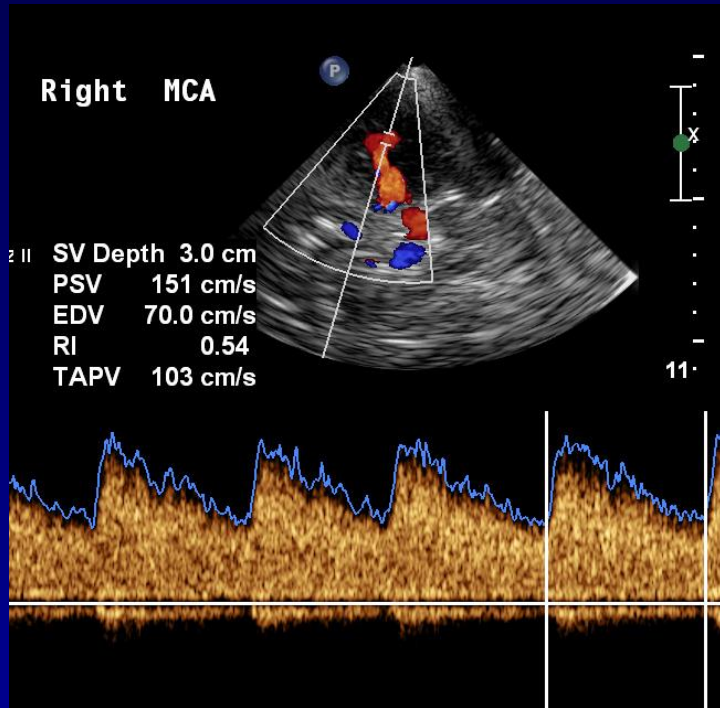
- Temporal bone
- Orbit
- Foramen Magnum



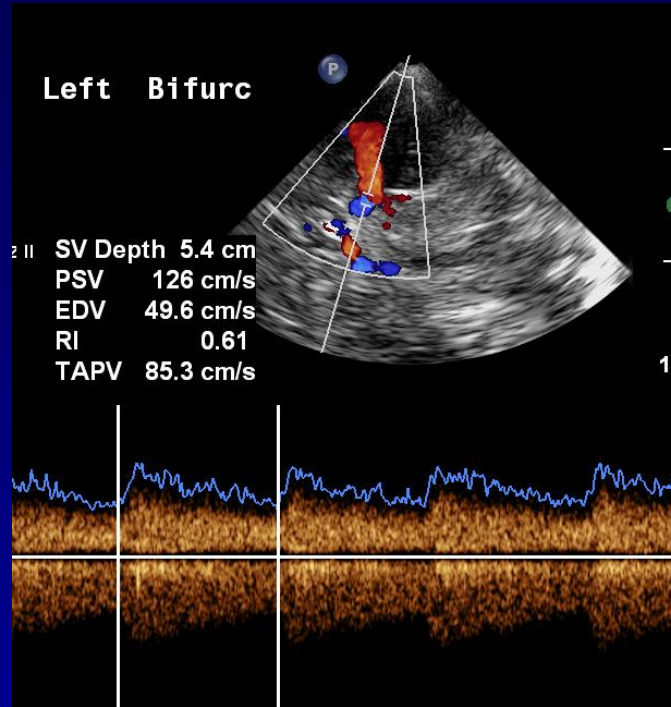
# Transtemporal Window



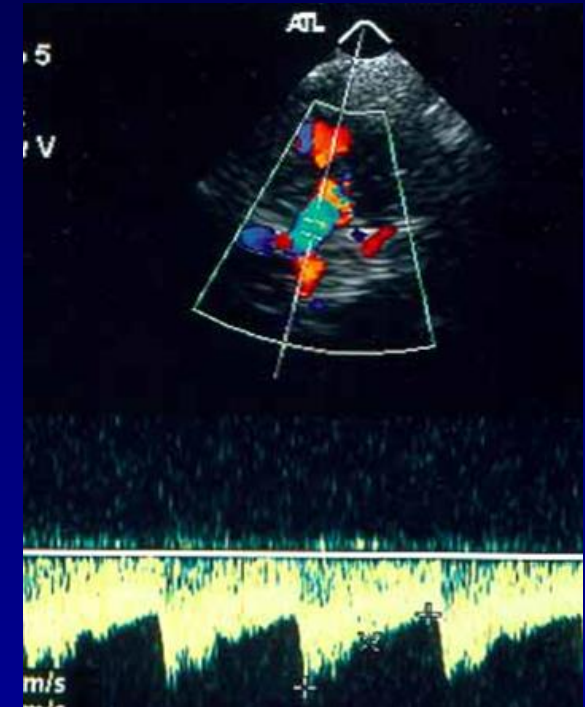
# Transtemporal Window



**MCA**  
Towards  
transducer

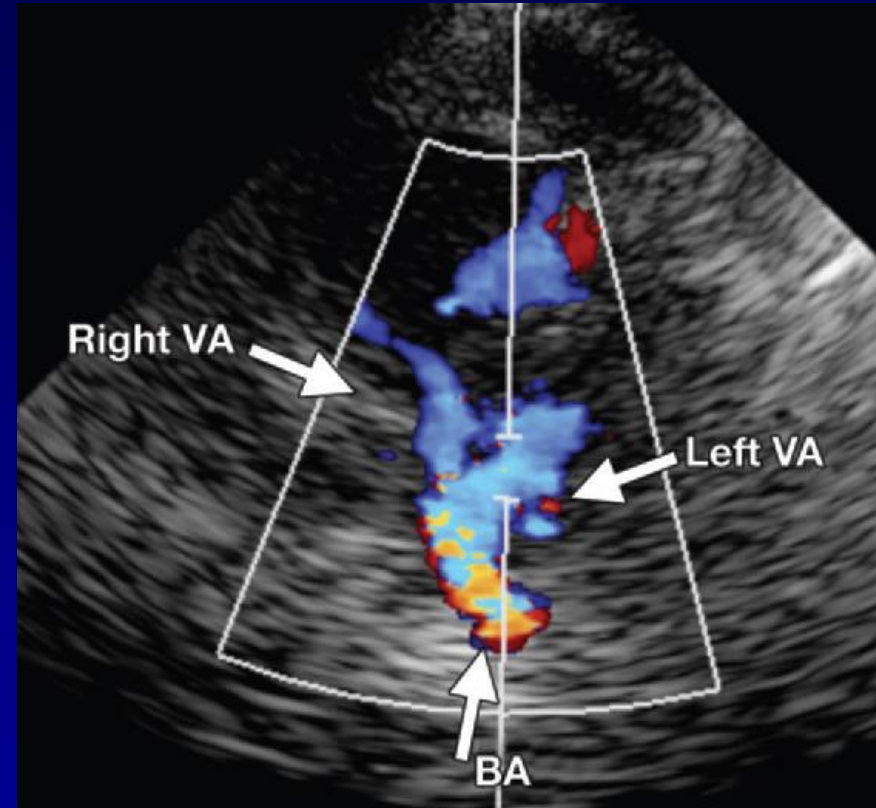
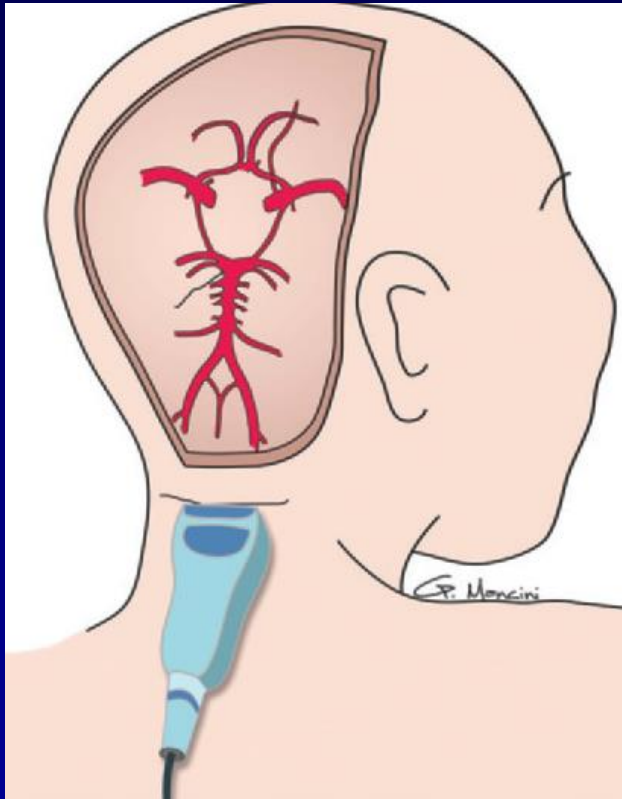


**MCA-A1**  
bifurcation  
Bidirectional flow



**ACA**  
Away from  
transducer

# Basilar Artery



Transducer placed midline angle towards orbits  
Vertebral arteries **V** shape before form basilar artery



# Pulsatility: Resistive Index

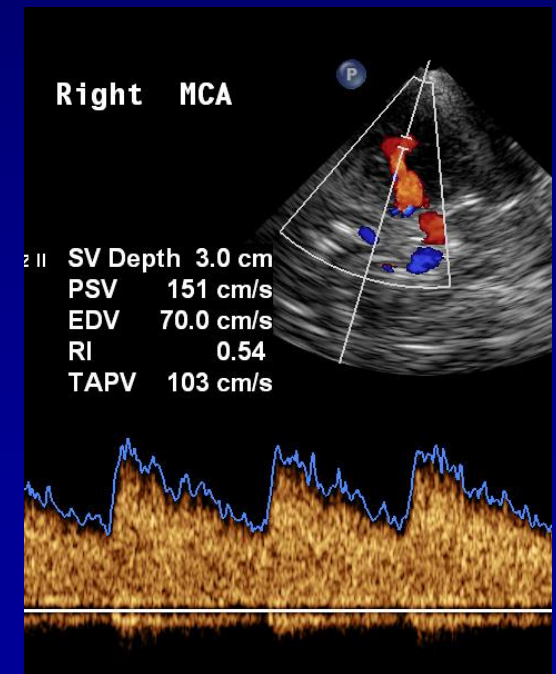
## Peak Systole Velocity – End Diastole Velocity

### Peak Systole Velocity

- Minimize affect of angulation

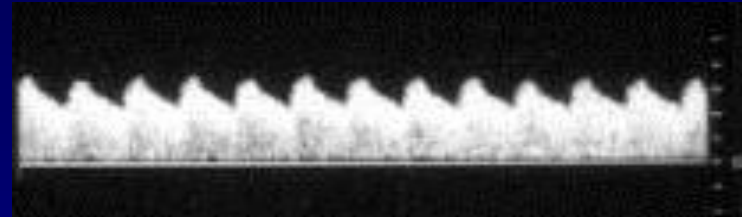
Age dependent values

- Preterm infant  $.77 \pm 7\%$
- Term infant  $0.7 \pm 7\%$
- By age 2  $0.5 \pm 15\%$

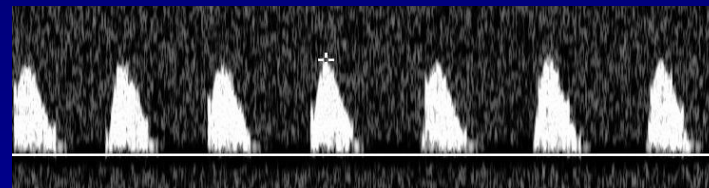


# Resistive Index

- An **increase** in diastolic flow will result in a decrease in RI



- A **decrease** in diastolic flow will result in an increase in RI



- as ICP increases above mean arterial pressure, diastolic flow may become **reversed**  $RI > 1.0$ .



# Blood Flow Velocity

- Velocity is better than RI to predict cerebrovascular resistance
- Velocity in PCA and vertebral and basilar arteries should be approximately 50% velocity in MCA
- Take 2 readings/vessel and use highest (best insonating angle)

# Outline of Talk

## Technique

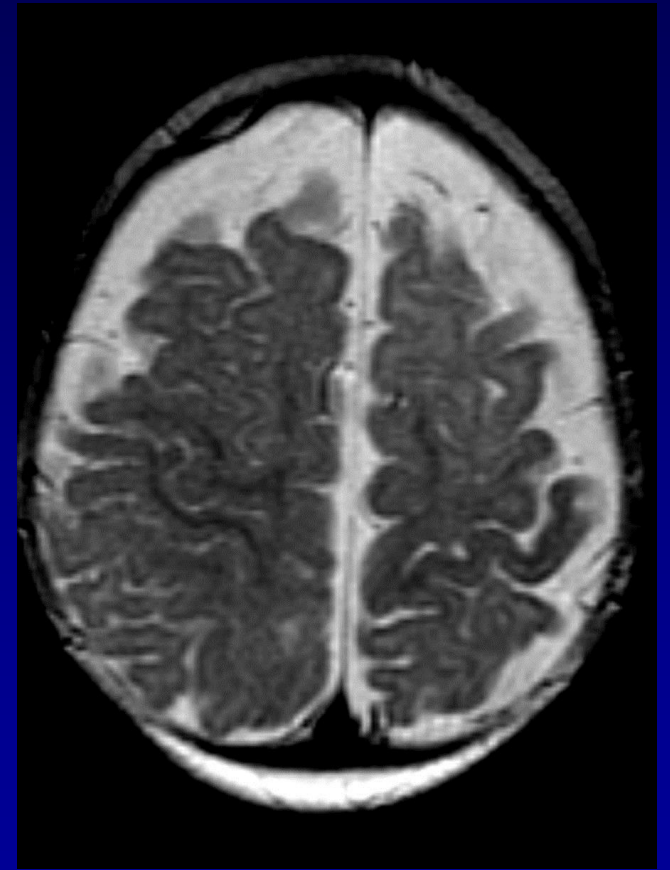
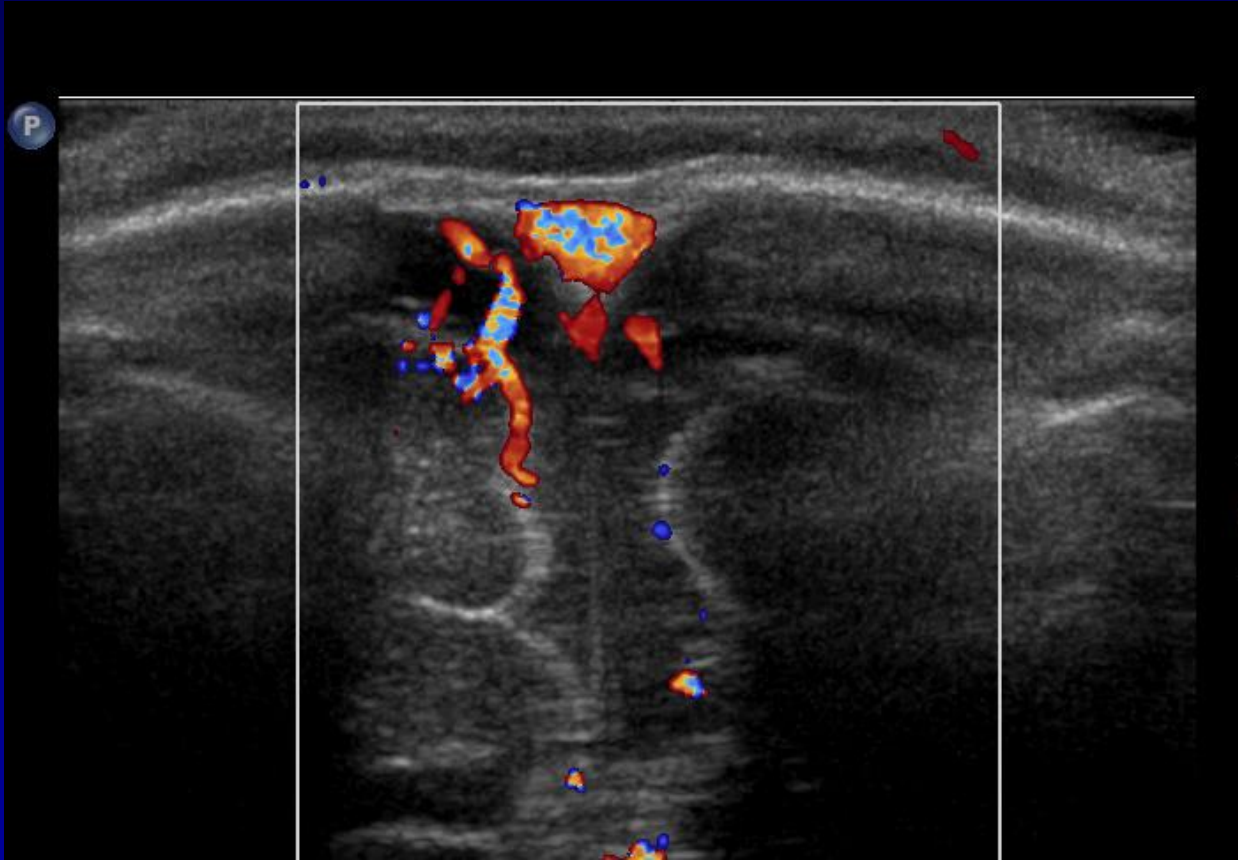
- Neonate
- Child
- Doppler Measurements

## Indications

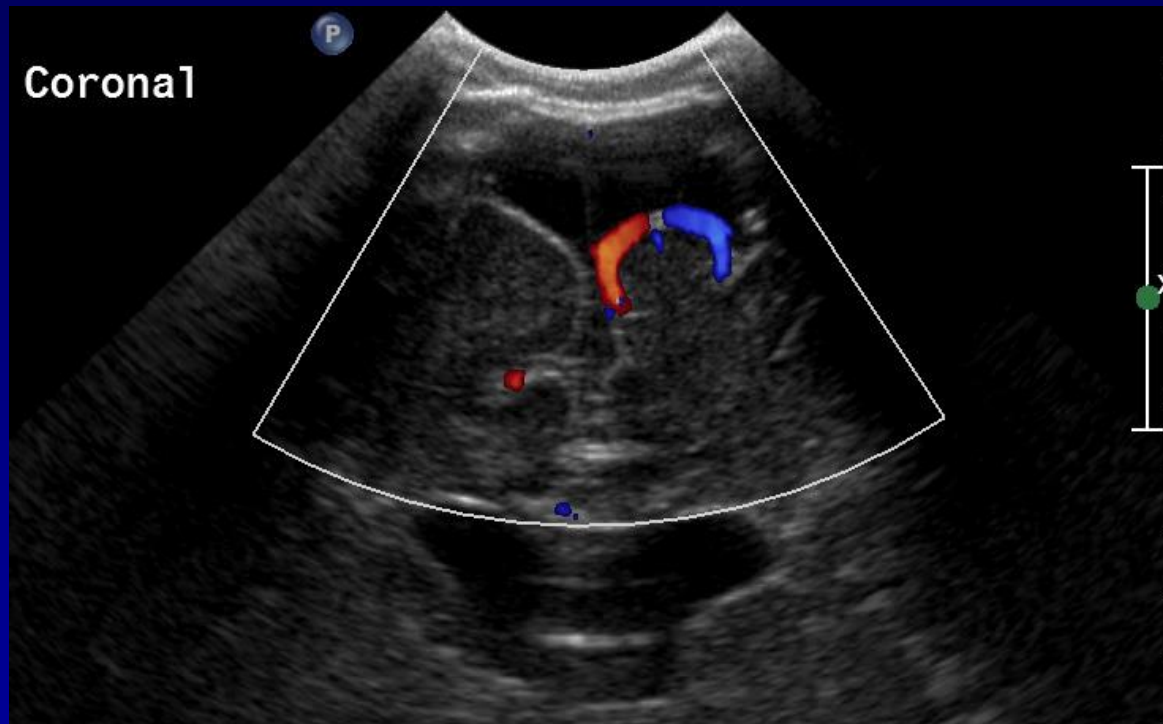
- **Subarachnoid vs Subdural Collections**
- **Venous Thrombosis**
- **Vascular Malformations**
- **Hydrocephalus**
- **Asphyxia**
- **Brain death**
- **Vasospasm**



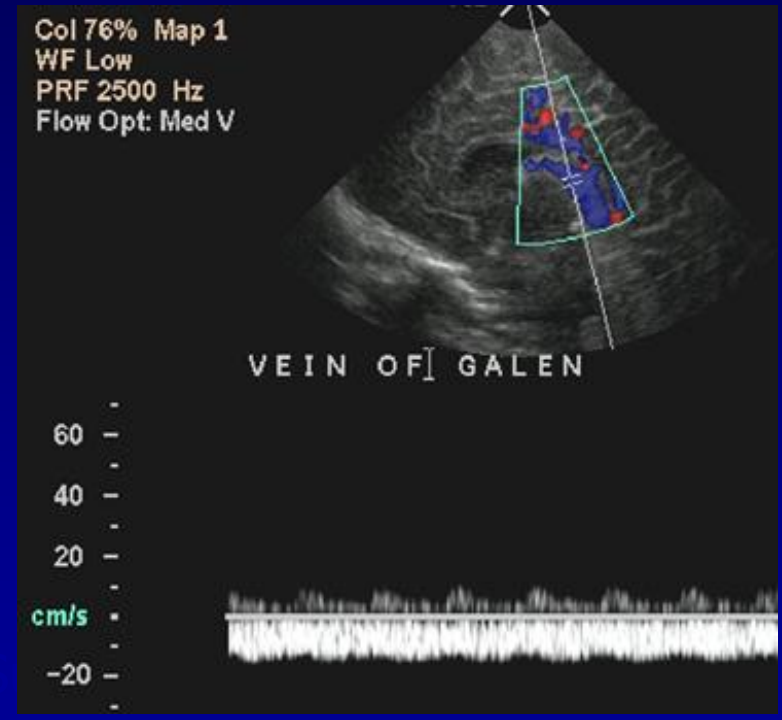
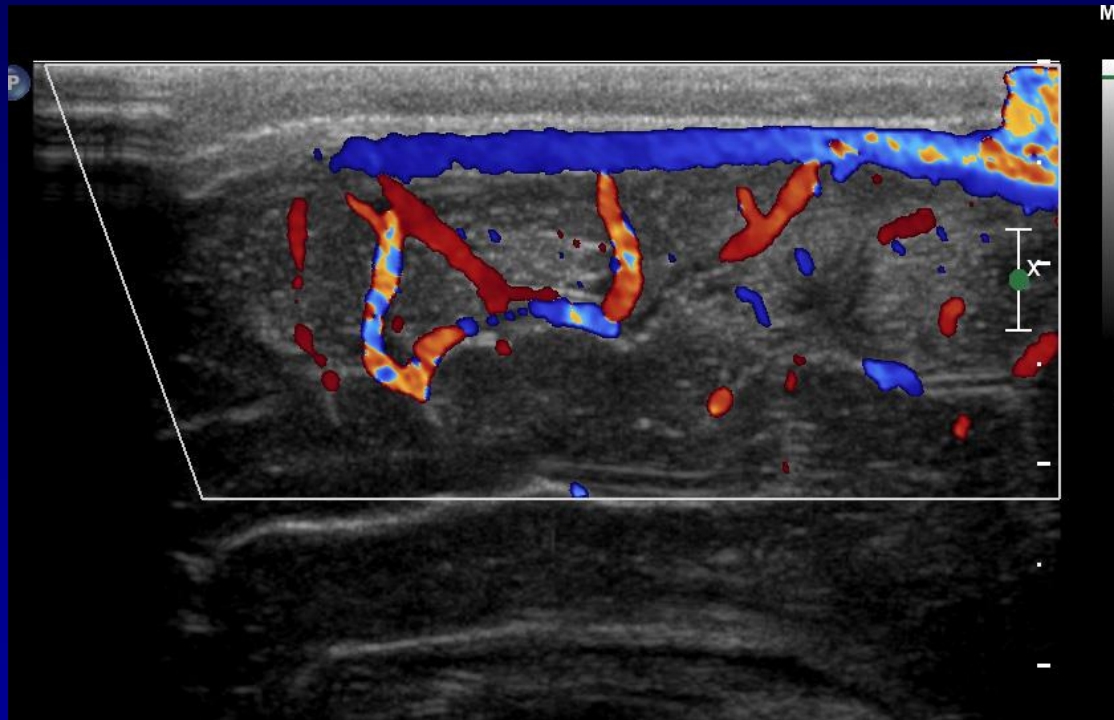
# Subarachnoid Collection



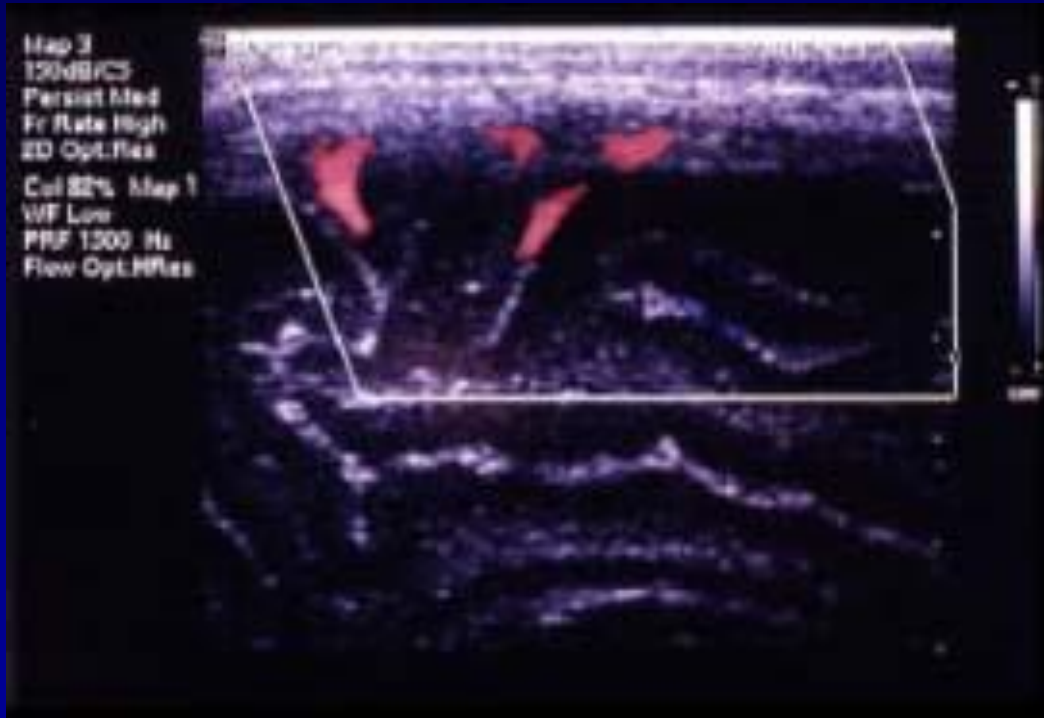
# Subdural Collection (hematoma)



# Normal venous sinuses



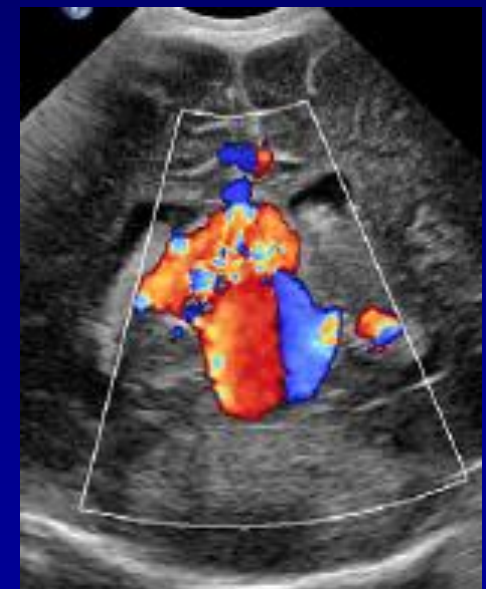
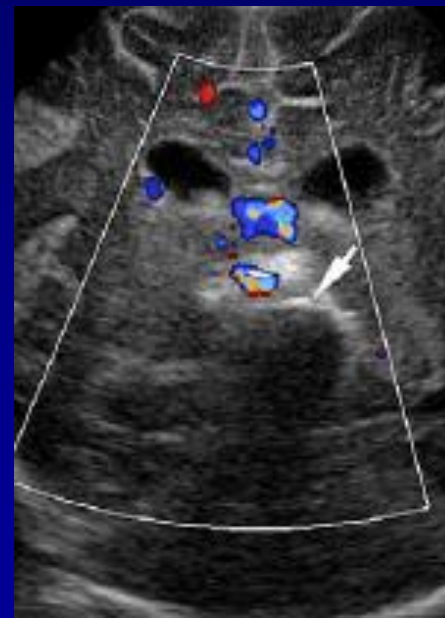
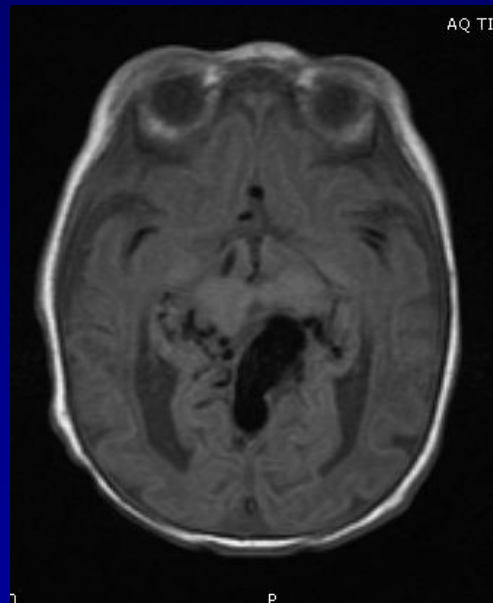
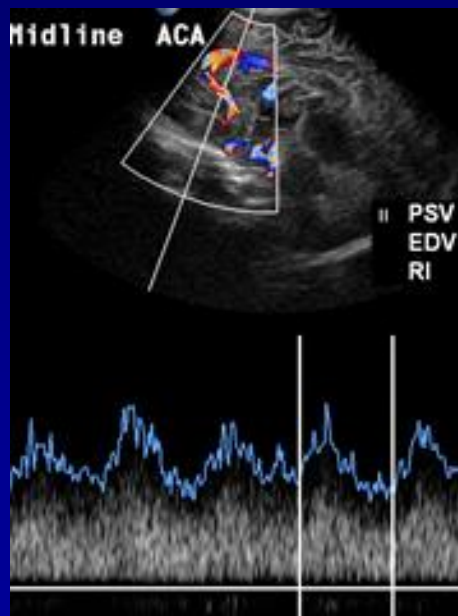
# Superior Sagittal Sinus Thrombosis





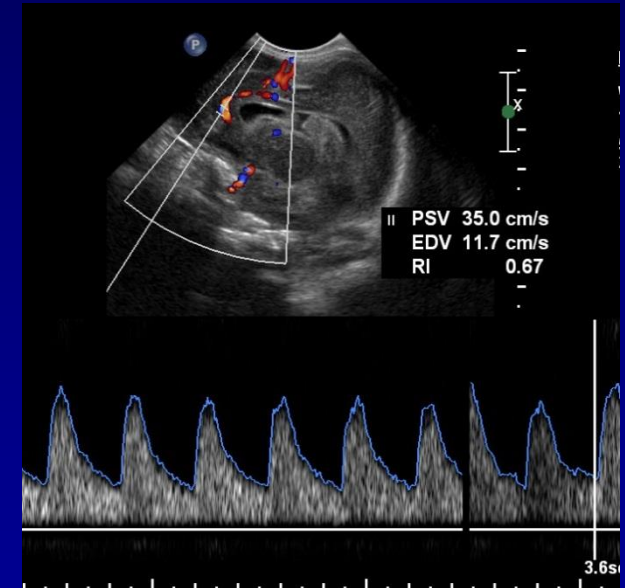
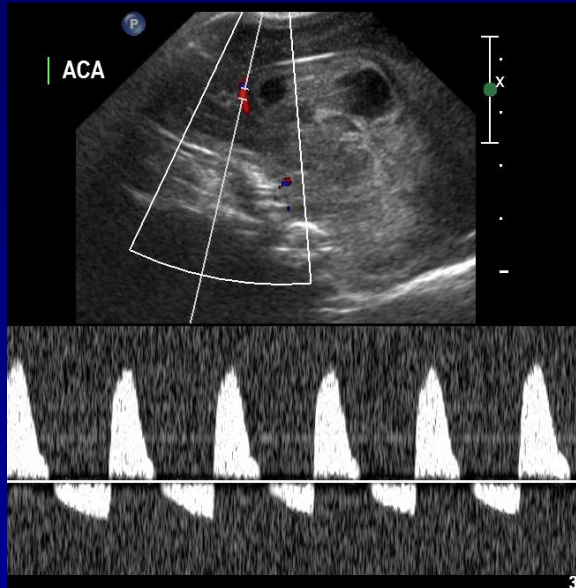
# Vein of Galen Aneurysm

Feeding vessels, nidus and draining veins

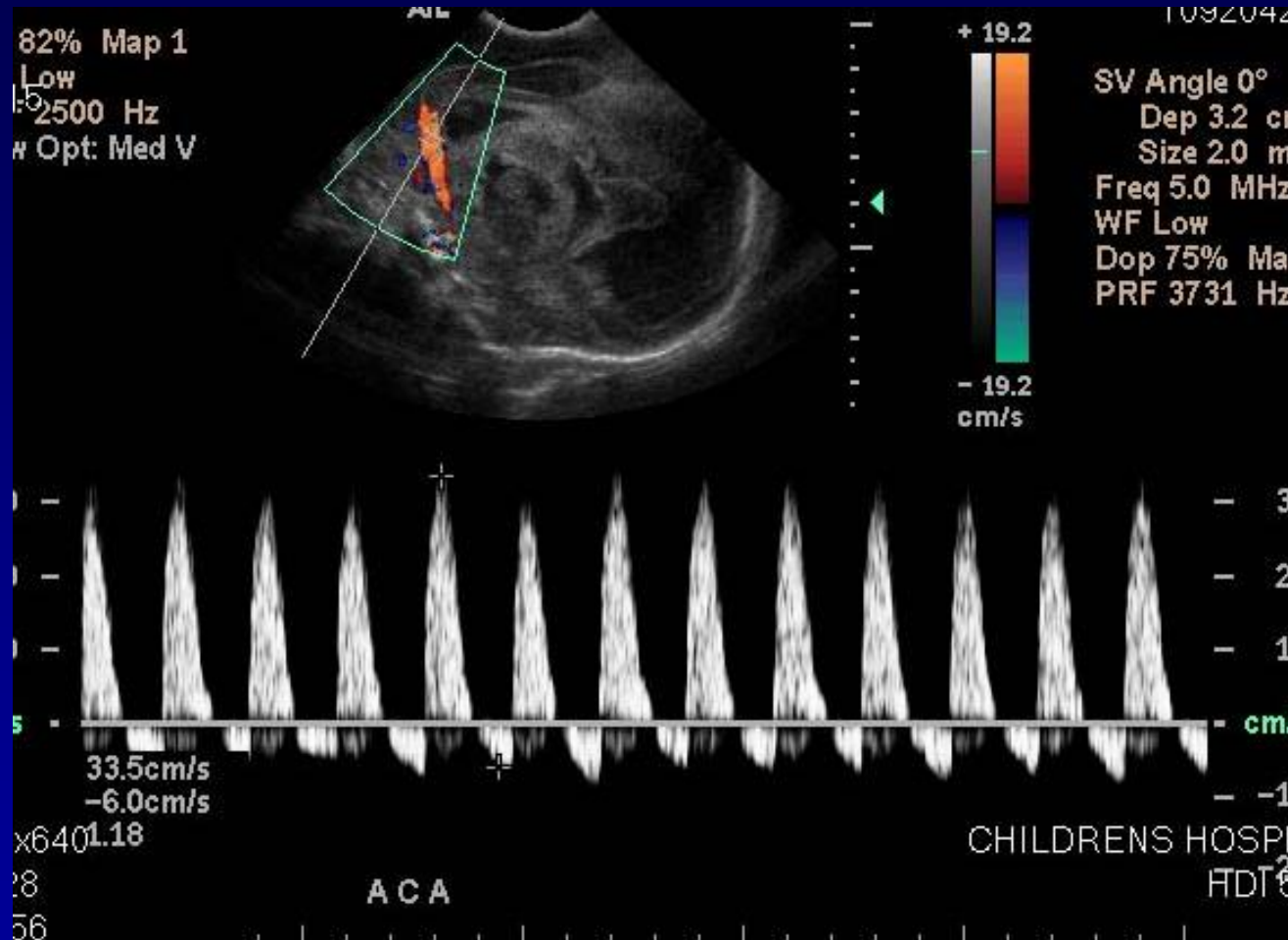


# Hydrocephalus

- $\uparrow$  RI is sign of  $\uparrow$  ICP  
     $>0.8$  in neonate  
     $>0.65$  in children
- Post tap, RI will decrease
- Persistently elevated RI may imply need to shunt



# Beware! Head connected to Body

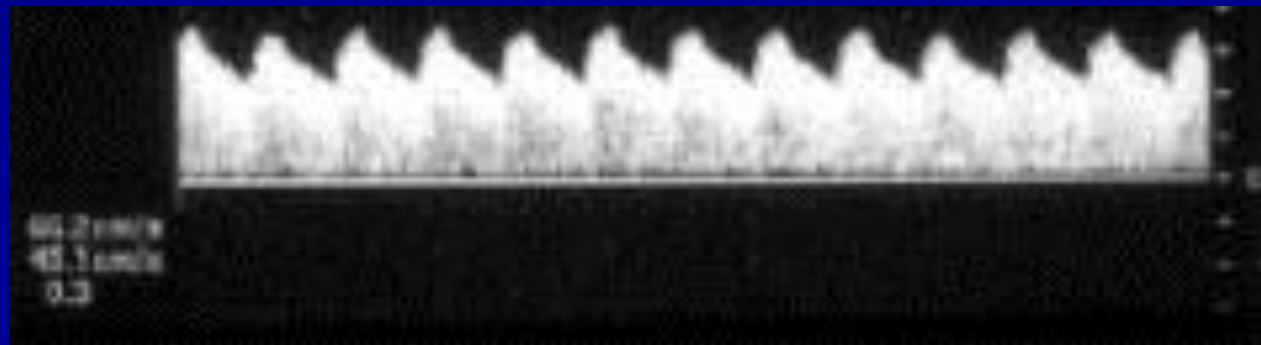


Patent Ductus Arteriosus

# Asphyxia

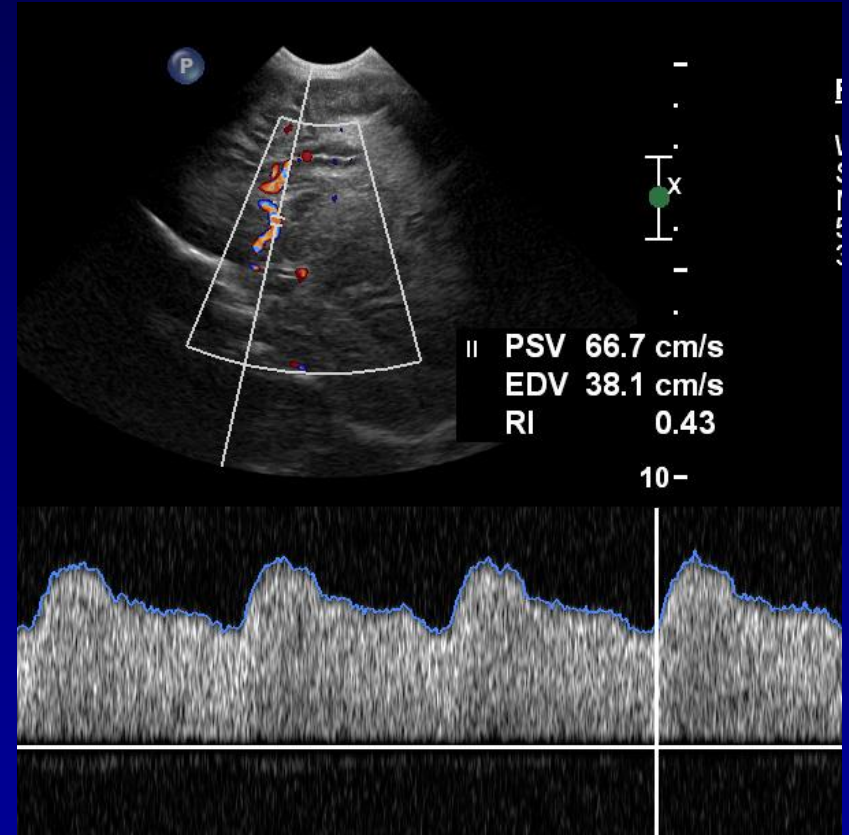
- **Impaired cerebral autoregulation** produces an increase in diastolic blood flow.
- Term infants following asphyxia:
  - **Low RI ( $< .6$ ) w/in the 48<sup>o</sup> of asphyxia correlated with poor neurologic outcome.**

*Archer et al Siebert et al*





# Asphyxia

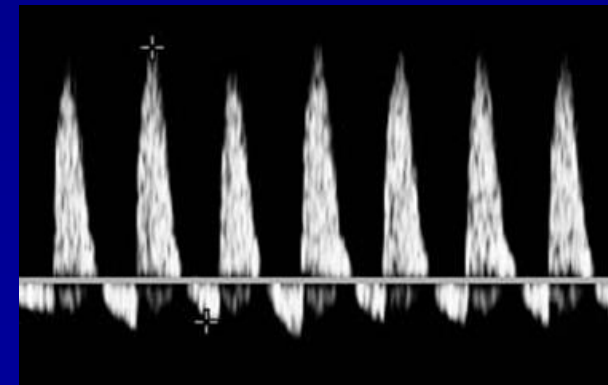
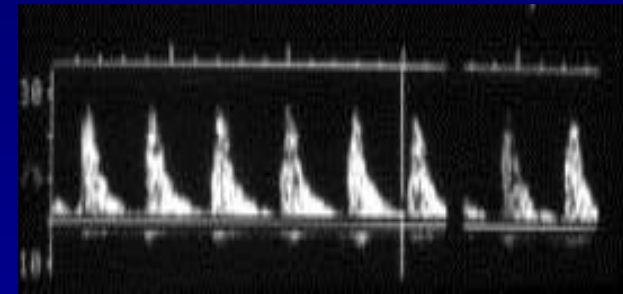
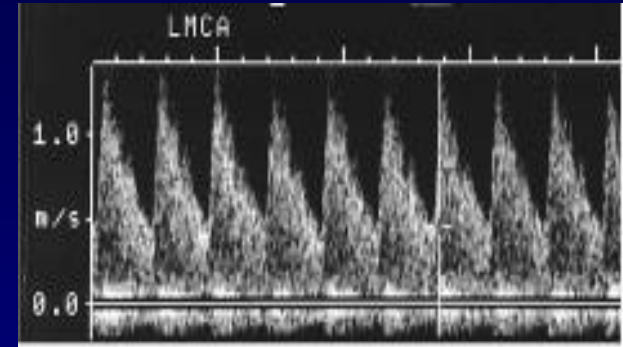


**Low RI .5**

# Decrease then reversed diastolic flow

If cerebral edema develops, **RI will increase**

- Vessels vasoconstrict
- As ICP increases above mean AA pressure, **diastolic flow reverses** ( $RI > 1$ )



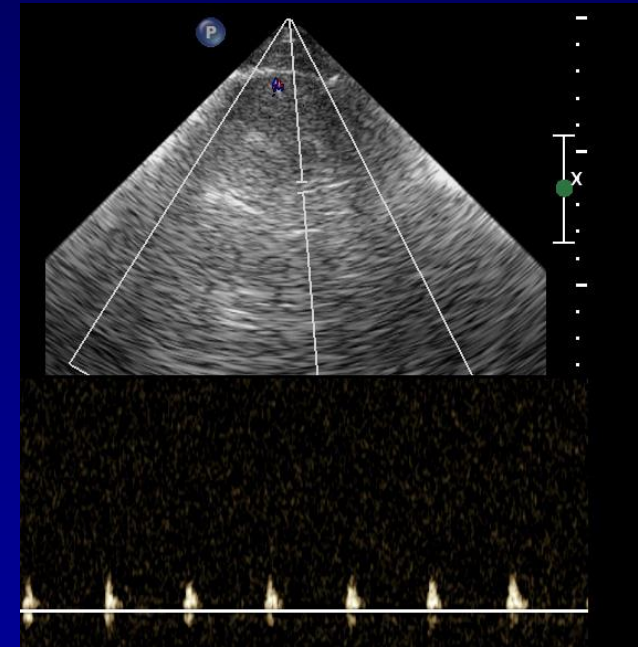
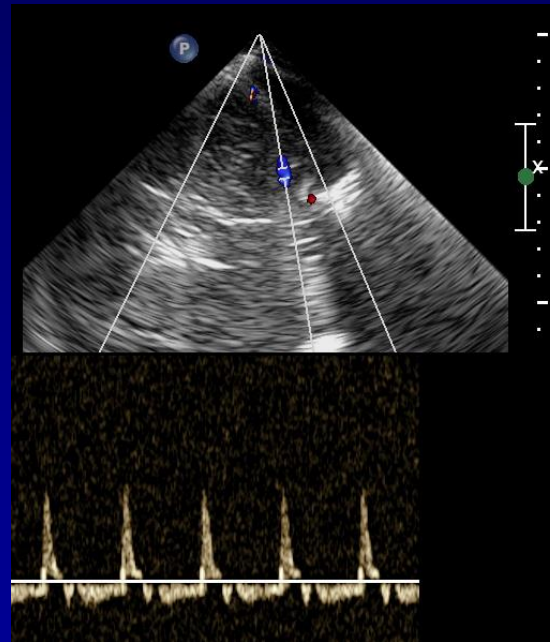
# Hyperventilation

Decreasing CO<sub>2</sub> - cerebral vessels  
vasoconstrict - **RI should increase**

- Children w/ reduced or  
absent PaCO<sub>2</sub> vasoreactivity w/in 24°of injury  
= ***vegetative or died***

# Progression to Brain Death

- **Arrest of CBF** at microcirculation level.
- Large vessels distend/constrict, thrombose/collapse.
- **Cerebral circulation arrest**
  - Decrease in systolic velocity.
  - Small spikes



# Brain Death

- **TCD exam** should **never** be used in isolation to supplant clinical neurologic findings in children and neonates
- Provides data indicating severity of cerebrovascular arrest.
- Repeat study to confirm CBF arrest sufficient to cause irreversible damage to supratentorial structures



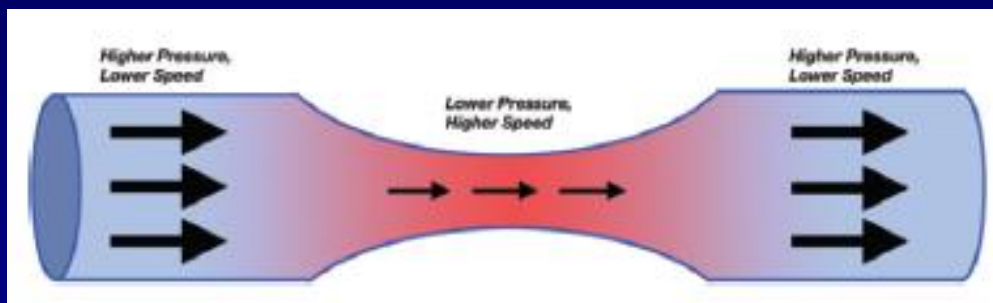
# Vasospasm

- Develops in first 2 days after SAH
- Peaks 2 weeks later
- Declines gradually during the subsequent 3 weeks



# Vasospasm

- As cross sectional area of vessel **decrease**, blood velocity **increases** (Bernoulli principle)
- **Mild:** 100-140 cm/sec
- **Moderate:** 140-200cm/sec
- **Severe:** **>200cm/sec**
  - **risk for ischemia**
- **Rapid increase:**
  - >25 cm/sec/day first few days carries poor prognosis**



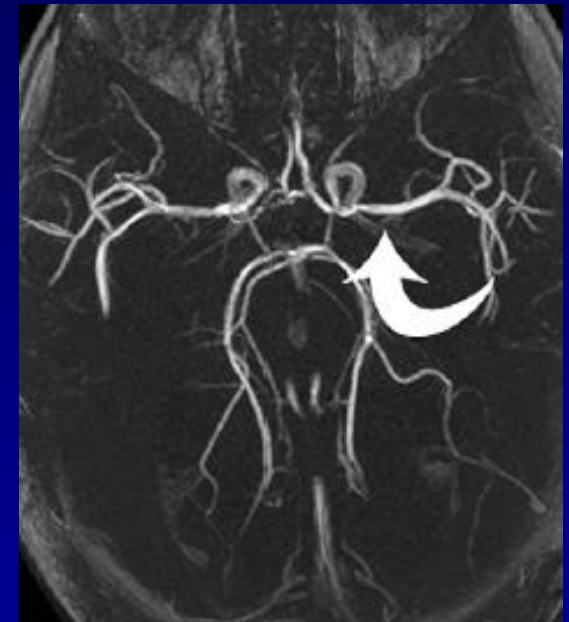
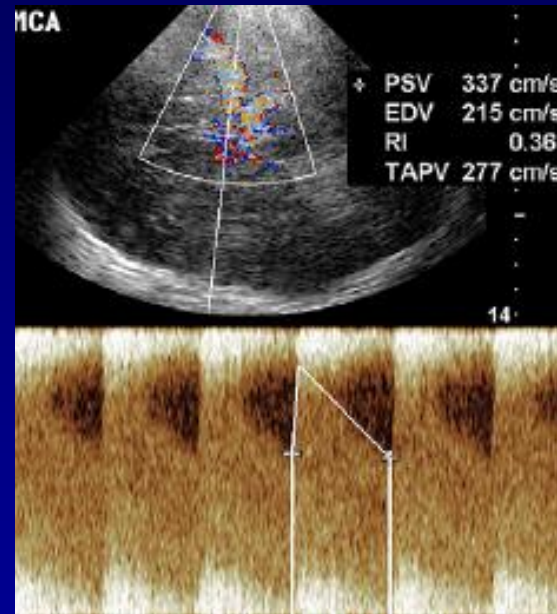
Kirsch JD. RadioGraphics 2013

# Vasospasm

- Proximal MCA most accurate
- Severe
  - **PSV > 200 cm/sec**
  - **rapid increase (>50 cm/s/day)**

## Errors:

- increased ICP
- low volume flow
- peripheral vasospasm



# Conclusions

- US provides unique CNS applications useful in the critically ill neonate and child in the acute setting - ED/NICU/PICU
- Important to learn proper technique
- Have appropriate equipment
- Understand how results vary dependent on age, clinical status