# Research design \& study execution workshop series <br> Session 9 

OCTOBER 28, 2015

## Quick review of Sessions 1-8

- How to identify a "good" research question
- Common study designs: Pros \& cons
- Selecting appropriate study subjects
- Understanding variables types and their measurement
- Nuts and bolts of good data management

Case study: Football-related injuries

## Describing data: Statistical and graphical methods

Sonnad S. Describing data: Statistical and graphical methods. Radiology 2002; 225:622-628.

# Primary goal of statistics <br> To collapse data into easily understandable summaries 

## Football injury study

6-17 year old male patients who visited the ED at the main hospital for a football-related injury in 2014
( $\mathrm{n}=338$ exams)

## Numerical summaries

1. Count how often each value occurs
2. Find the center (mean, median, mode)
3. Measure the spread
4. Examine the distribution

## Frequency tables

Count how often each value occurs

| Patient Age | Freq. | Percent | Cum. |
| ---: | ---: | ---: | ---: |
| 6 | 9 | 2.66 | 2.66 |
| 7 | 7 | 2.07 | 4.73 |
| 8 | 19 | 5.62 | 10.36 |
| 9 | 19 | 5.62 | 15.98 |
| 10 | 27 | 7.99 | 23.96 |
| 11 | 23 | 6.80 | 30.77 |
| 12 | 42 | 12.43 | 43.20 |
| 13 | 58 | 17.16 | 60.36 |
| 14 | 45 | 13.31 | 73.67 |
| 15 | 32 | 9.47 | 83.14 |
| 16 | 29 | 8.58 | 91.72 |
| 17 | 28 | 8.28 | 100.00 |
| Total | 338 | 100.00 |  |


| Age category | $\mathbf{n}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| 6-11 years old | 104 | $31 \%$ |
| $12-17$ years old | 234 | $69 \%$ |
| Total | 338 | $100 \%$ |

## Find the center

Mean, median \& mode

| Measure | Definition | Excel formula |
| :--- | :---: | :---: | :---: |
| Mean | Sum of all <br> observations/total <br> number of observations | =AVERAGE(range of cells) |
| Median | Number in the middle of <br> the data set | =MEDIAN(range of cells) |
| Mode | Most common number in <br> the data set | =MODE(range of cells) |



# Measure the spread <br> (tells more of the story) 

Center Spread

## Reporting format

Mean | Standard |
| :---: |
| deviation (sd) |

Median Interquartile $50^{\text {th }}$ percentile range (IQR) $\quad\left(25^{\text {th }}, 75^{\text {th }}\right.$ percentile)


## Patient age

$12.6 \pm 2.8$ years * 13 (11, 15 years) **

* Mean $\pm$ sd ** Median (IQR)


## Patient age


$13.0 \pm 0.8$ years * 13 (12, 14 years) **

* Mean $\pm$ sd ** Median (IQR)


# Examine the distribution 

Is it normal (symmetric)? Is it skewed (asymmetric)?




## Graphical summaries

1. Histograms
2. Box plots
3. Bar graphs
4. Line graphs

## Histograms

Used to represent a sampling distribution
(x-axis units of equal size)

Number of exams for a football-related injury seen in the ED during each day of 2014


Number of exams for a football-related injury seen in the ED during each day of 2014


Percent of exams for a football-related injury seen in the ED during each week of 2014


Percent of exams for a football-related injury seen in the ED during each week of 2014


## Box plots

## Used to examine spread in the data

 (within or across variables)
## Anatomy of a box plot




Median (IQR) = $13(11,15)$
Range: 12-17

Median (IQR) = $9(8,10)$
Range: 6-11



## Line graphs

## Used to show change over time



Fall football season

Rest of year

## Bar graphs

Used to compare values across groups (within or across variables)

Number of exams for a football-related injury seen in the ED during each quarter of 2014


Number of exams for a football-related injury seen in the ED during each month of 2014


Number of exams for a football-related injury seen in the ED during 2014


## Best practices

- Consult recent issues of your target journal for examples
- Read the instruction to authors page (requirements/restrictions)
- Decide what key messages you want to highlight
- Learn from the masters and then be as creative as you can (within limits!)

